



The Building Material to a Better Memory

Lunch & Learn Session

May 4, 2022

11:30 a.m. - 12:30 p.m.

Virtual Instructor Led

Online Training via nrlalivelearning.com

Course Description:

In today's business world, having the ability to remember names and faces, beat absent-mindedness, and recall facts and figures puts you at the head of the pack. In this fun-filled session you'll learn time-tested techniques for recalling names, speaking without notes, and gaining control of your day without the fear of forgetting. When you're skilled in memory all your other skills get better. This program shows how.

Learn how to:

- Determine how to gain skills to recall names and faces.
- Identify techniques to build a 'mental filing system' to recall information.
- Learn how to think quickly and accurately with confidence.



Sign up today, space is limited!

BMSA Members: \$70

Non-Members: \$140

Registration price includes a copy of Mr. Mellor's *"Finding the Keys for Remembering Anything"* which will be shipped after completion of the session

Registration limited to 75 attendees!



The Building Material to a Better Memory REGISTRATION FORM

Company Name: _____

Contact Person: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

The following will participate in the **The Building Material to a Better Memory seminar on May 4, 2022**

1. Name: _____ Email: _____

2. Name: _____ Email: _____

3. Name: _____ Email: _____

Min. 5 business days notice of cancellation is required to receive a refund.

PAYMENT OPTIONS:

_____ Check enclosed (made payable to BMSA)

_____ Pay by Credit Card (select one): _____ Visa _____ MasterCard _____

Card Number: _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

Signature: _____



Paul Mellor, author of Finding the Keys, was a finalist in the USA Memory Championship, where he recalled the names of over 90 people in less than 15 minutes, remembered in exact order over 100 single-digit numbers after a five-minute study, and recalled the exact order of a shuffled deck of playing cards after less than a three-and-a-half minute review. His educational and energetic programs have been delivered to audiences in all 50 states. A Communications graduate of Western Carolina University, Mr. Mellor is also the author of STOP Studying So Much; achieving better grades with half the study.



Thank You for Registering!

Please return completed registration form to Kelly Franklin.

Email: kellyf@mybmsa.org

Mail: BMSA, 3029 Senna Dr. Matthews, NC 28105.

